

NUMBER	NAME	CLUB	CATEGORY	gender place	category place	
733	Helen	LODDER,	Islwyn	F3539	1	1
605	Julie	DAVIES	Griffithstown	F3539	2	2
132	Heather	GRAZ	Chepstow	F3539	3	3
243	Caroline	MORTON	Parc Bryn Bach	F4044	4	1
124	Niki	MORGAN,	Chepstow	F4044	5	2
608	Sharon	WOODS	Griffithstown	F4549	6	1
409	Becky	MERRIMAN	Chepstow	F3539	7	4
136	Vanessa	LAWSON,	Chepstow	F3539	8	5
418	Louise	SUMMERS	Chepstow	F4044	9	3
601	Emma	BAYLISS	Griffithstown	F1734	10	1
222	Susan	TAGG	Parc Bryn Bach	F4044	11	4
57	Alison	SCRIVENS,	Caerleon	F4044	12	5
209	Anne Marie	EVANS,	Parc Bryn Bach	F3539	13	6
227	Jacky	MILES,	Parc Bryn Bach	F5559	14	1
129	Jan	MORRIS,	Chepstow	F4044	15	6
102	Sue	ASHTON,	Chepstow	F5559	16	2
603	Daniela	WOODBIDGE	Griffithstown	F3539	17	7
766	Maria	RICHARDS	Islwyn	F3539	18	8
52	Shelagh	ADKINS,	Caerleon	F6099	19	1
51	Helen	THOMAS	Caerleon	F4549	20	2
612	Janet	RICHARDS	Griffithstown	F4044	21	7
515	Jeanette	JENKINS,	Fairwater	F4549	22	3
402	Nyembezi	NYIRONGO	Chepstow	F1734	23	2
355	Alison	SHEEDY	Lliswerry	F4044	24	8
703	Julie	LEWIS,	Islwyn	F4044	25	9
20	Kim	HOWELL,	Caerleon	F5054	26	1
548	Laura	GREY	Fairwater	F4549	27	4
734	Ruth	TREHARNE	Islwyn	F4549	28	5
502	Julie	ROCHE,	Fairwater	F4044	29	10
602	Julie	BURCHELL	Griffithstown	F3539	30	9
615	Christine	VORRÉS	Griffithstown	F5054	31	2
347	Lynne	ROSSITER	Lliswerry	F5559	32	3
302	Yvonne	FORSEY,	Lliswerry	F5054	33	3
783	Pat	RICHARDSON	Islwyn	F5559	34	4
19	Gwyn	HOWELLS,	Caerleon	F5559	35	5
365	Jayne	MOULTON	Lliswerry	F4549	36	6
761	Paula	DAVIES	Islwyn	F3539	37	10
374	Denise	WOOD	Lliswerry	F4549	38	7
337	Ros	BURGESS	Lliswerry	F4044	39	11

	FEMALE TEAM	RUNNERS	SCORE	POINTS
1	Chepstow	4	381	7
2	Griffithstown	4	369	6
3	Parc Bryn Bach	4	362	5
4	Islwyn	4	332	4
5	Caerleon	4	327	3
6	Lliswerry	4	279	2
7	Fairwater	3	225	1